



## Scenarios

1. I depend on public transportation to get me where I need to go and I prefer to travel that way. My colleagues are making plans for an upcoming after-hours office party at a location I cannot get to with public transportation. I have not had much success connecting with my colleagues and think this party would be a good opportunity to be social outside of the work environment. What can I do?

**Suggested Strengths:** Logical (good with numbers), High Tech (likes to spend time on smartphone)

2. I've heard my co-workers make fun of me and call me names. It really upsets me. What can I do?

**Suggested Strengths:** Creative (illustrates his own comic strip), Communication (handles verbal feedback well)

3. My supervisor has asked me to complete a project. I am knowledgeable in the subject so it was no problem! However, my supervisor was frustrated with my work because I did not complete it the way she wanted. What can I do? What can I do to prevent this from happening again?

**Suggested Strengths:** Creative and High Tech (enjoys graphic design/using computer)

4. I am distracted by the use of the company kitchen right outside my office door. The sound of the microwave beeping constantly, and the smell of the food gives me headaches. What are alternative solutions?

**Suggested Strengths:** Physical (is physically strong), Logical (good with numbers, estimating things)

5. I was asked by my supervisor to lead a training session about a topic that falls under our department, however is not in my area of expertise. What can I do?

**Suggested Strengths:** Visual-Spatial (able to visualize images easily), High-Tech

6. It's almost time for performance reviews and I am anxious about my self-evaluation. Where it asks what my personal goals are, I begin to panic. I have numerous personal goals that tend to change very frequently. I don't have a specific set of goals in mind that are priorities. How can I express my anxiety about this list without looking unprofessional?

**Suggested Strengths:** Creative (enjoys drawing/painting), Spiritual (has a strong faith), Cognitive (good study skills)